



TYNEDALE

LLANDUDNO

CAFÉ BAR MENU



www.tynedalehotel.co.uk

FOOD INTOLERANCE & ALLERGENS

Welcome to the Tynedale Terrace & Café Bar, we hope you are going to enjoy your dining experience with us. We take food allergens and intolerances very seriously and would ask you to notify our team of any special dietary requirements you may have prior to ordering.

We have listed the 14 most common allergens and numbered them 1 to 14 and created a key. On our menu there are numbers next to each dish showing what allergens may be present in that dish.

All our food is prepared in a kitchen where nuts, gluten and other known allergens maybe present. Please note we take caution to prevent cross-contamination, however, any product may contain traces as all menu items are produced in the same kitchen. Which is why it's important we talk to you and understand your diet or intolerance.

Thank you.

14 COMMON FOOD ALLERGENS KEY

1 Celery	8 Milk
2 Cereals (Gluten)	9 Mustard
3 Crustaceans	10 Nuts
4 Eggs	11 Peanuts
5 Fish	12 Sesame Seeds
6 Lupin	13 Soya
7 Molluscs	14 Sulphur Dioxide (Sulphites)

(V) Vegetarian **(VG)** Vegan **(GF)** Gluten Free

MAIN COURSES

RACK OF BARBECUE RIBS

2 9 13 14

served with chunky chips and coleslaw Half £14.50
..... Full £18.50

TYNEDALE BURGER ON A BRIOCHE ROLL

served with fried onions, bacon, cheese,
chunky chips, coleslaw & garnish £15.50

CHARGRILLED CHICKEN BURGER ON A BRIOCHE ROLL

served with bacon, cheese, chunky chips,
coleslaw & garnish £15.50

TYNEDALE FISH & CHIPS

served with chunky chips, garden or mushy peas,
tartar sauce and garnish £17.50

MOULES MARINIERA

Mussels cooked with garlic and white wine
and fresh cream served with a crispy ciabatta roll £15.75

PAN FRIED TOFU (VG) OR GRIDDLED HALLOUMI (V)

served on a warm nutty salad
with balsamic dressing..... £12.75

PRAWN EXTRAVAGANZA WITH TWO SAUCES

Plump Greenland prawns, crisp leaves with a delicious tomato & lime
mayonnaise and a traditional Marie Rose
sauce, served with bread and butter £11.75

MIXED LEAF SALAD BOWL

with tomatoes, cucumber, red onion, beetroot,
olives, crispy croutons and grated parmesan.
Served with balsamic vinaigrette or Caesar dressing £10.75

Add Griddled Chicken £3.00
Feta Cheese £2.00
Pan Fried Tofu (vg)..... £2.00
Griddled Halloumi (v) £2.00

Where chunky chips are included swap for sweet potato fries *add* 50p

FLAT BREAD PIZZAS

MARGHERITA..... 2 8 9 14 £11.00

HAM & PINEAPPLE 2 8 9 14 £12.00

CHORIZO & RED ONION 2 8 9 13 14 £12.00

All our pizzas are topped with rocket leaves and balsamic dressing

OPEN DAILY FROM 10AM

HOT MEALS & LIGHT LUNCHES
SERVED FROM 12PM-2PM

SANDWICHES & LIGHTER BITES

Sandwiches and Lighter Bites served on a choice of bread with tossed mixed salad, balsamic dressing and a few chunky chips.

EGG & CRESS

with mayonnaise

2	4	9	13	14
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 £8.25

MATURE CHEDDAR & RED ONION

2	8	9	13	14
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 £8.25

HAM, TOMATO & ROCKET

2	9	13	14
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 £8.50

TUNA MAYONNAISE

with sliced cucumber

2	4	5	9	13	14
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 £8.75

ROAST BEEF, HORSERADISH & ROCKET

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2	4	9	13	14
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 £8.75

BACON & BRIE ON TOASTED CIABATTA

with garlic and herb butter

2	8	9	13	14
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 £9.95

CHICKEN, BACON, LETTUCE & TOMATO

on toasted ciabatta

2	9	13	14
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 £9.95

OPEN WELSH RAREBIT

topped with pancetta and mushrooms
on toasted granary

2	5	8	9	13	14
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 £9.95

OPEN PRAWN

with Marie Rose sauce

2	3	4	9	13	14
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 £10.50

Where chunky chips are included swap for sweet potato fries *add* 50p

SOUP

HOMEMADE SOUP OF THE DAY

with a warmed crusty ciabatta roll or bread & butter Small £6.00
..... Large £8.00

TORTILLA WRAPS

(Gluten free wraps available)

PAN FRIED TOFU, SWEET PEPPERS & ONIONS

with olives and a little chilli sauce (vg) (v) £11.50

FAJITAS CHICKEN

with red onion and peppers £11.50

PAN FRIED STEAK & STILTON

with red onions and mushrooms £12.50

Swap your tortilla wrap for a toasted ciabatta *add* £1.00

SIDE ORDERS

BOWL OF OLIVES £4.50

CHUNKY CHIPS £4.25

SWEET POTATO FRIES £4.75

GARLIC CIABATTA BREAD (2 slices) £4.25

GARLIC CIABATTA BREAD WITH CHEESE

(2 slices with cheese) £4.75

BREAD & BUTTER £1.50

CRISPS £1.50

SALTED OR DRY ROASTED NOBBYS NUTS £1.60

CHILDREN'S MENU

All children's main meals can be served with baked beans, garden peas or salad and come with an orange or blackcurrant fruit shoot.

CHEESE SALAD £7.50

CHICKEN NUGGETS & CHIPS £7.50

FISH FINGERS & CHIPS £7.50

SAUSAGE & CHIPS £7.50

PARISELLA'S ICE CREAM

Parisella's ice cream tubs (2 scoops)

PARISELLA'S LUXURY VANILLA	£4.25
PARISELLA'S MINT CHOC CHIP	£4.25
PARISELLA'S FERRERO ROCHER	£4.25
PARISELLA'S AMARETTO & BLACK CHERRY	£4.25
PARISELLA'S RASPBERRY RIPPLE	£4.25
PARISELLA'S RUM & RAISIN	£4.25
PARISELLA'S LOTUS BISCOFF	£4.25
SWEDISH GLACE VEGAN VANILLA	£4.25

DESSERTS, CAKES & AFTERNOON TREATS

CARROT CAKE with caramel sauce and optional whipped cream (GF)	4 8 10 £5.25
CHOCOLATE ORANGE CAKE with caramel sauce and optional whipped cream	2 4 8 10 13 £5.25
LEMON AND GINGER CAKE (GF) with raspberry coulis and optional whipped cream	4 8 £5.25
HOMEMADE FRUIT SCONE with jam and cream (whipped or clotted cream)	2 4 8 £4.25
TWO SLICES OF SULTANA CAKE	2 4 8 10 £3.50
TOASTED TEACAKE	2 4 8 £3.25
WARM WAFFLE WITH BUTTERSCOTCH SAUCE served with vanilla ice cream	2 4 8 £5.95
CHOCOLATE BROWNIE WITH CHOCOLATE SAUCE (GF) served with vanilla ice cream	2 4 8 £5.95

CHILDREN'S DESSERT

ONE SCOOP OF ICE CREAM strawberry, chocolate or vanilla	£2.25
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HOT DRINKS

TEA

POT OF TEA FOR ONE.....	£2.60
POT OF SPECIALITY TEA.....	£2.85

COFFEE

AMERICANO.....	(7oz) £3.00	(15oz) £3.80
FLAT WHITE.....	(7oz) £3.10	
CAFE LATTE.....	£3.60	
ICED LATTE.....	£3.70	
CAPPUCCINO.....	(7oz) £3.10	(15oz) £3.95
BABYCCINO.....	£1.00	
ESPRESSO.....	£2.60	
MACCHIATO.....	£2.75	
MOCHA.....	£3.85	
MOCHA WITH CREAM.....	£4.00	
HORLICKS.....	£3.60	
HOT CHOCOLATE.....	£3.60	
HOT CHOCOLATE WITH CREAM.....	£3.85	

SYRUPS

CINNAMON, HAZELNUT, CARAMEL, TOFFEE NUT OR VANILLA.....	£0.50
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HOW TO ORDER

OUR STAFF WILL COME TO YOUR TABLE TO TAKE
YOUR ORDER AND PAYMENT.

ONCE PREPARED YOUR ORDER WILL BE BROUGHT
TO YOUR TABLE.

ALL OUR MEALS ARE COOKED TO ORDER;
there may be a delay during busy times.



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